

Digit Substitution Test

On the top of the page are numbers 1-9. Each is paired with a symbol. On the bottom are symbols with blanks beneath them. Your task is to write in the correct number beneath each symbol.

Try the sample 10 boxes first.

Then, set a timer to 90 seconds and fill in as many of the boxes as you can in that time. Work from left to right, and don't skip any.

Do this before starting (or changing) your medication, and then again 4-6 weeks later. Don't do it more than that as we want to make sure any improvement is not due to practice.

Scoring: Give yourself 1 point for each correct answer. Wrong answers simply don't count, but you don't get points off for them.

DIGIT	1	2	3	4	5	6	7	8	9
SYMBOL	—	L	7	L	U	0	Λ	X	—

SCORE

SAMPLES

2	1	3	7	2	4	8	1	5	4	2	1	3	2	1	4	2	3	5	2	3	1	4	6	3
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1	5	4	2	7	6	3	5	7	2	8	5	4	6	3	7	2	8	1	9	5	8	4	7	3
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6	2	5	1	9	2	8	3	7	4	6	5	9	4	8	3	7	2	6	1	5	4	6	3	7
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9	2	8	1	7	9	4	6	8	5	9	7	1	8	5	2	9	4	8	6	3	7	9	8	6
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DIGIT	1	2	3	4	5	6	7	8	9
SYMBOL	—	L	7	L	U	0	Λ	X	—

SCORE

SAMPLES

2	1	3	7	2	4	8	1	5	4	2	1	3	2	1	4	2	3	5	2	3	1	4	6	3
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

1	5	4	2	7	6	3	5	7	2	8	5	4	6	3	7	2	8	1	9	5	8	4	7	3
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6	2	5	1	9	2	8	3	7	4	6	5	9	4	8	3	7	2	6	1	5	4	6	3	7
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9	2	8	1	7	9	4	6	8	5	9	7	1	8	5	2	9	4	8	6	3	7	9	8	6
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