

# Amlodipine (Norvasc)

Amlodipine is a blood pressure medicine which blocks calcium channels in the brain. In this way, it works similarly to many effective treatments for mania and mood cycling. It is not known definitively if amlodipine treats mood disorders and it is not FDA-approved for mood disorders.

## Side Effects and Warnings

Dizziness, stomach upset, rare swelling (edema). Amlodipine can lower blood pressure, which may lead to unexpected fainting. Amlodipine should not be taken by people with heart disease without the approval of their cardiologist or primary care physician.

## Dosing

Amlodipine should be taken 2-3 times per day.

## Drug Interactions

Grapefruit juice will raise levels of Amlodipine.

–Chris Aiken, MD, Updated 7/10/2010