

Isradipine

Isradipine is a blood pressure medicine which blocks calcium channels in the brain. In this way, it works similarly to many effective treatments for mania and mood cycling, and has been studied in those conditions although it is not FDA-approved for mood disorders.

Side Effects and Warnings

Dizziness, stomach upset, rare swelling (edema). Isradipine can lower blood pressure, which may lead to unexpected fainting. Isradipine should not be taken by people with heart disease without the approval of their cardiologist or primary care physician.

Dosing

Isradipine should be taken 2 times per day or as a once daily CR form.

–Updated 7/27/2012 by Chris Aiken, MD