

# Levetiracetam (Keppra)

Levetiracetam is a seizure medication that is sometimes used in psychiatry to help:

- Memory and concentration
- Bipolar mania
- Tardive dyskinesia (an involuntary movement of the muscles)

It has small studies supporting its use in each of those conditions. It has also been helpful for migraines.

## **Dosing**

The typical dose ranges from 1000mg-2000mg per day. It can be taken with or without food. The dose can be divided in to twice daily doses or taken as a once daily ER form; do not crush or chew the ER tablets.

## **Side effects**

Dizziness, poor coordination and fatigue. Very rarely people have had hallucinations (seeing or hearing things) or worse mood on it; call your doctor if those things happen.

*–Updated 7/17/2022 by Chris Aiken, MD*