

Outpatient Mental Health Resources Accepting Medicaid and Affiliate Policies

this is a list of resources – MTC is not affiliated with any services listed below and cannot endorse any specific practice

Find a Doctor: Use this link to find a provider that works with your plan: <https://medicaid.ncdhhs.gov/find-doctor>

Explore your plan's benefits: www.ncmedicaidplans.gov

WINSTON SALEM	Contact Information	Services
Mental Health Association - Forsyth	1509 S Hawthorne Rd Winston Salem, NC 27103 Phone: 336-768-3880 Website: www.triadmentalhealth.com	Educates the public on available community resources for individuals, families, and providers
The Neil Group	1399 Ashleybrook Ln Ste 100, Winston Salem 27103 Phone: 336-774-2194 Fax: 336-774-2195, 336-774-9661 Website: www.tngnc.com	Services: Medication evaluation and management, outpatient psychotherapy for individuals, families, and couples.
Center for Emotional Health	755 Highland Oaks Dr Ste 105, Winston Salem 27103 150 Charlois Blvd, Suite 310 Winston-Salem 27103 Phone: 336-370-5240 Website: www.cehcharlotte.com	Services Offered: Outpatient therapy for individual, family, marriage, couples; medication evaluation and management, substance abuse treatment (MAT), veteran's services
Salem Mental Health Associates, PLLC	1348 Westgate Center Drive Suite 204, Winston Salem 27103 Phone: 336-341-5354 Website: www.salemmha.com	Services: Outpatient therapy for trauma, depression, anxiety, addiction, grief, anger, military vets, marriage, family, and relationships.
Apogee Behavioral Medicine	370 Knollwood St, Suite 301 Winston-Salem 27103 Phone: 336-252-4440	Services: Adult, child, adolescent, and geriatric psychiatry for medication management and therapy. Offers TMS
Daymark Recovery Services – Forsyth Center	650 N Highland Ave Suite 1000 Winston Salem 27103 Phone: 336-607-8523 Website: https://www.daymarkrecovery.org	Services: Individual therapy, substance abuse education, comprehensive clinical assessment, residential program, discharge plan
Monarch – Winston Salem	4140 N. Cherry Street NW, Winston Salem 27105 Phone: 336-306-9620 Fax: 336-306-9629 Website: www.monarchnc.org	Services: Medication evaluation and management, therapy services, adult ACT team services, *walk in services welcome before 3pm each day*
Family Services, Inc	1200 S. Broad St, Winston-Salem 27101 Phone: 336-415-4712; 336-722-8173 Website: www.familyservicesforsyth.org	Services: outpatient therapy, family therapy, family strengthening services
GREENSBORO		
Agape Psychological Consortium PLLC	4160 Piedmont Pkwy Ste 207, Greensboro 27410 Phone: 336-855-4649 Website: www.agapepsych.com	Services: Individual, family, and couples therapy; Testing/diagnostic services (IQ, achievement, disability)
Apogee Behavioral Medicine - Greensboro	445 Dolley Madison Rd, Ste 100 Greensboro 27410 Phone: 336-649-9000 Fax: 800-887-8477 Website: www.apogeebehavioralmedicine.com	Services: Adult, child, adolescent, and geriatric psychiatry for medication evaluation/management and therapy. Offers TMS
Neuropsychiatric Care Center	3822 N Elm Street Suite 101, Greensboro, NC 27455 Phone: 336-505-9494 Fax: 336-419-4488 Website: www.neuropsychcarecenter.com/	Services: Individual, couples, and family therapy, medication management, TMS, ADHD testing

Journey's Counseling Center	3405 W. Wendover Ave Ste A, Greensboro 27407 Phone: 336-294-1349 Website: www.journeycounselinggso.com	Services: Intensive outpatient therapy for children, adults, families for mood disorders, anxiety disorders, behavioral disorders, grief and loss, substance abuse, phobias, PPD, psychosis, and PTSD.
Monarch – Guilford County	3200 Northline Ave Suite 132 Greensboro 27408 Phone: 336-306-9620 Fax: 336-676-6490 Website: www.monarchnc.org	Services: Outpatient diagnostic services, medication evaluation and management, therapy services, adult ACT team services, *walk in services welcome before 3pm each day*
Cone Health Behavioral Health Center	931 Third St, Greensboro, NC 27405 Phone: 336-890-2700 Website: https://www.guilfordcountync.gov/services/guilford-county-behavioral-health-centers	Outpatient Services: Medication evaluation/management, individual therapy, partial hospitalization program, substance abuse intensive outpatient program
Center for Emotional Health – Greensboro	3859 Battleground Ave, Ste 302 Greensboro 27410 5509-B W Friendly Ave Suite 106 Greensboro 27410 Phone: 336-370-5240 (for all offices) Website: www.cehcharlotte.com	Services: Outpatient therapy for individual, family, marriage/couples; medication evaluation and management, substance abuse treatment (MAT), veteran's services
Sandhills Center	24-hour call center: 1-800-256-2452 Behavioral Health Crisis Line: 1-833-600-2054 Website: https://www.sandhillscenter.org/	Services: Mental health and substance abuse assessments, medication management and evaluation, addiction recovery, detoxification, outpatient therapy, geriatric specialties
Alexander Youth Network	1601 Huffine Mill Rd, Greensboro 27405 Phone: 855-362-8470 Website: https://alexanderyouthnetwork.org	Services: clinical assessments, care management, 30-day assessment program, outpatient therapy, substance abuse, residential treatment, facility-based crisis care, day program, intensive in-home care
RHA Health Services	Phone 1-800-848-0180 Website: https://rhahealthservices.org	Services: Outpatient therapy, medication evaluation and management, substance abuse services, crisis services, transitional services, ACT teams
Integrative Psychiatric Care	600 Green Valley Rd Suite 304, Greensboro 27408 Phone: 336-234-3634 Website: https://integrativepmed.com	Services: Adult, child, and adolescent medication evaluation and management, psychotherapy for individuals, couples, and families.
Family Service of the Piedmont	902 Bonner Drive Jamestown 27282 Phone: 336-387-6161 Crisis Line: 336-273-7273 Website: www.fspcares.org	Services: Child, adolescent, adult, and family therapy, domestic violence and sexual assault services, healthy parenting, child abuse services
HIGH POINT		
Center for Emotional Health – High Point	1403 Eastchester Dr, Unit 104, High Point 27265 Phone: 336-370-5240 Website: www.cehcharlotte.com	Services: Outpatient therapy for individual, family, marriage/couples; medication evaluation and management, substance abuse treatment (MAT), veteran's service

Kernersville Counseling Center	210 N Main St STE 210, Kernersville, NC 27284 1180 N Main Street, Kernersville, NC 27284 125 Allen Street, Kernersville, NC 27284 Phone: 336-283-3830 Website: https://kernersvillecounseling.com	Services: Individual, couples, and family therapy; offers virtual appointments
Body & Soul Total Wellness, PLLC	204 Kelly Place, High Point, NC 27262 Phone: 336-803-7983 Website: https://bodyandsoultotalwellness.com/	Services: Individual, family, and group therapy
Daymark Recovery Services	5209 West Wendover Ave, High Point, NC 27265 Phone: 336-899-1550 (non-emergent) Crisis Hotline: 866-275-9552 Website: https://www.daymarkrecovery.org	Services: Individual therapy, substance abuse education, comprehensive clinical assessment, residential program, discharge plan
Southern Family Medicine, Inc	160 Baker Rd, High Point, NC 27263 Phone: 336-307-4075	Services: Individual & group therapy for mental health and substance abuse issues, case management
BOONE AREA		
Aspen Mental Health Therapy and Consulting, PLLC	-525 Samaritans Ridge Ct, Elkin, NC 28621 -115 Atwood St, Ste 411, Sparta, NC 28675 -14072 Elkin Hwy 268 Ronda, NC 28670 Phone: 336-827-0089 (for all offices) Fax: 1-844-676-0500 (for all offices) Website: https://www.aspenmentalhealth.com/	Services: Individual and family therapy for adults, children, and adolescents
Center for Emotional Health – Boone	717 Greenway Rd Suite C, Boone, NC 28607 Phone: 828-820-8066 Website: www.cehcharlotte.com	Services: Outpatient therapy for individual, family, marriage/couples; medication evaluation and management, substance abuse treatment (MAT), veteran’s services
Daymark Recovery Services	132 Poplar Grove Connector, Suite #B Boone 28607 Phone: 828-264-8759 Fax: 828-264-5754 Website: https://www.daymarkrecovery.org	Services: Individual therapy, substance abuse education, comprehensive clinical assessment, residential program, discharge plan
Vaya Health	Website: www.vayahealth.com/get-help/provider-search/	Tool to find a local provider