



# YOU, YOUR CHILD, CREATIVITY, AND A PANDEMIC

**Stuck at Home: The Parents Guide to Quarantine**

**Kaitlyn Boone, LPC, April 8, 2020**

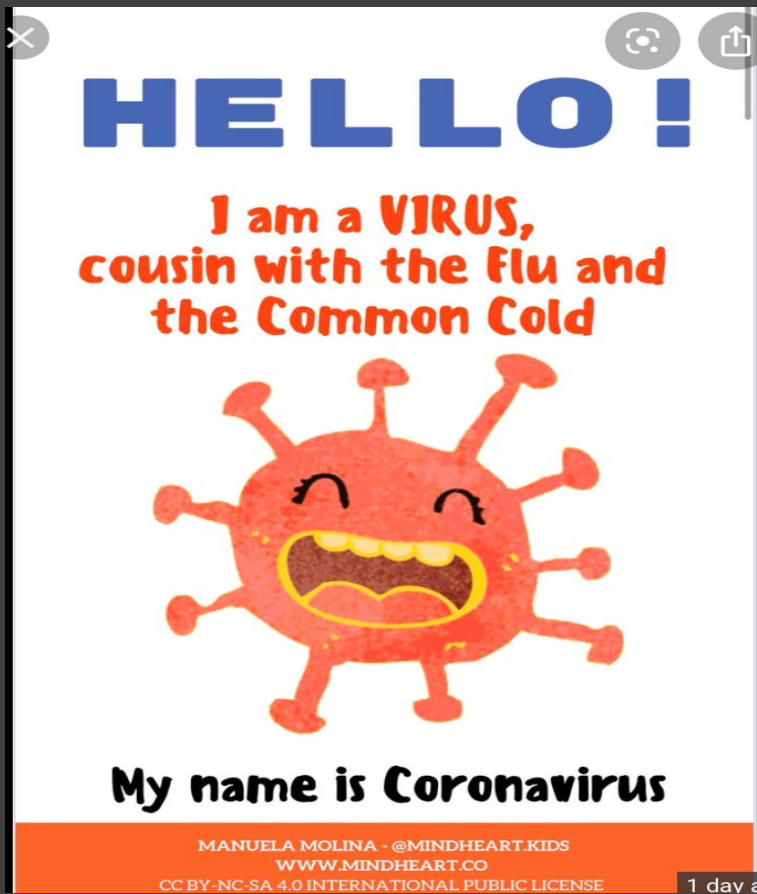


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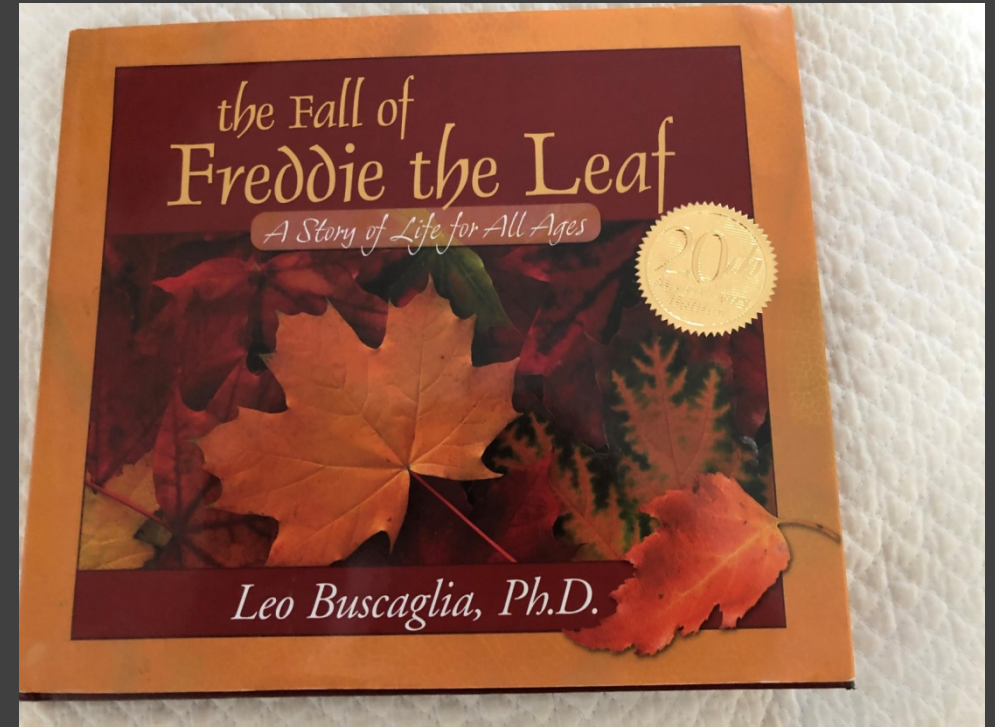
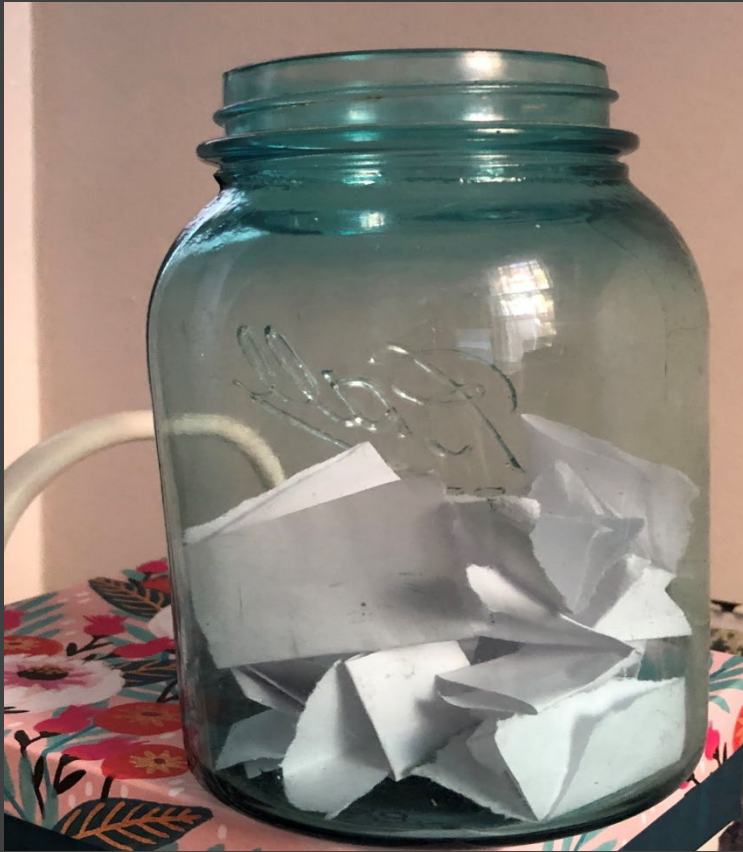
Carolina Behavioral Health Alliance  
BENEFITS ADMINISTRATION



mood  
treatment  
center



BE REAL THOUGH...



WHAT I MISS THE MOST IS....



CREATE  
TOGETHER,  
SHARE IF YOU  
WANT TO







# MEMORIALIZE THE MOMENTS





EXTERNALIZE  
FEELINGS

ARTIST: EMILY  
STORY

“MY BRAIN”

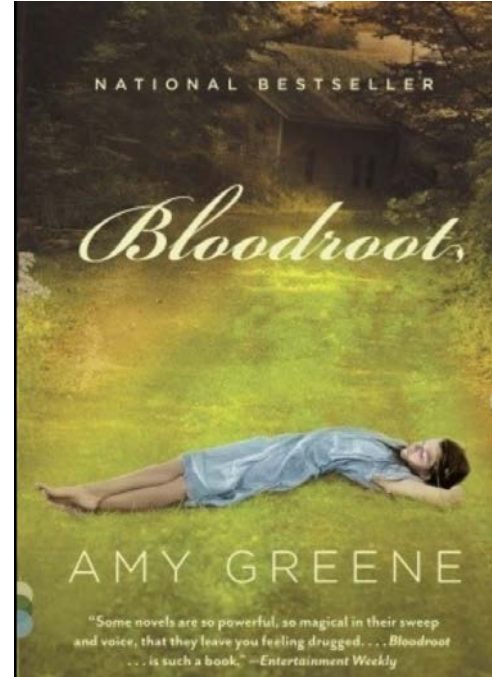
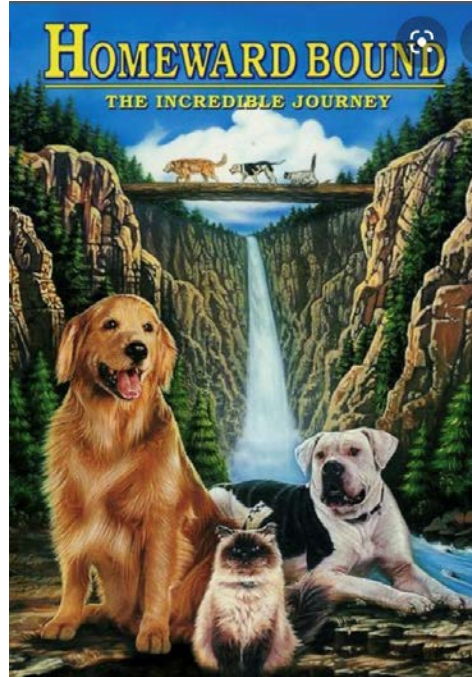
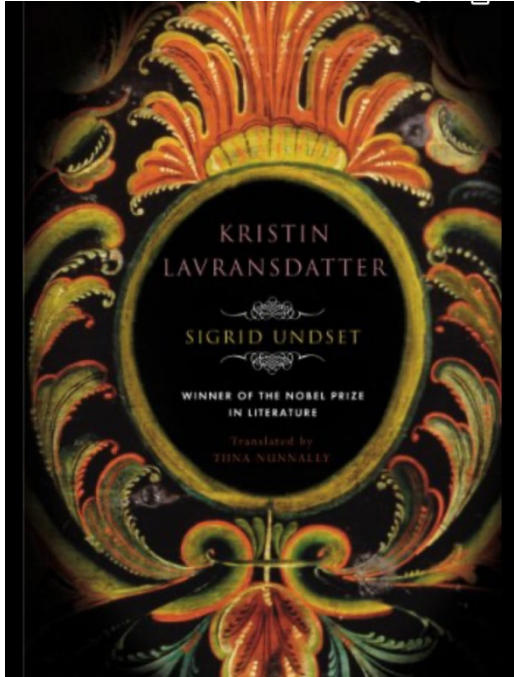




EVERY  
EMOTION HAS A  
STORY







With the parts we  
love and the parts  
we hate



THERE IS NO CURE...NO ONE KNOWS YET



Make-A-Wish  
CENTRAL AND WESTERN  
NORTH CAROLINA

SEPTEMBER 2018 - AUGUST 2019



“ My favorite part  
of the wish was  
seeing Jessa know  
that her disability  
didn't define her  
her that night  
- Jessa's mom

*I wish to be Queen*

**Jessa, 5** | Charlotte  
nervous system disorder

OUR YEAR IN

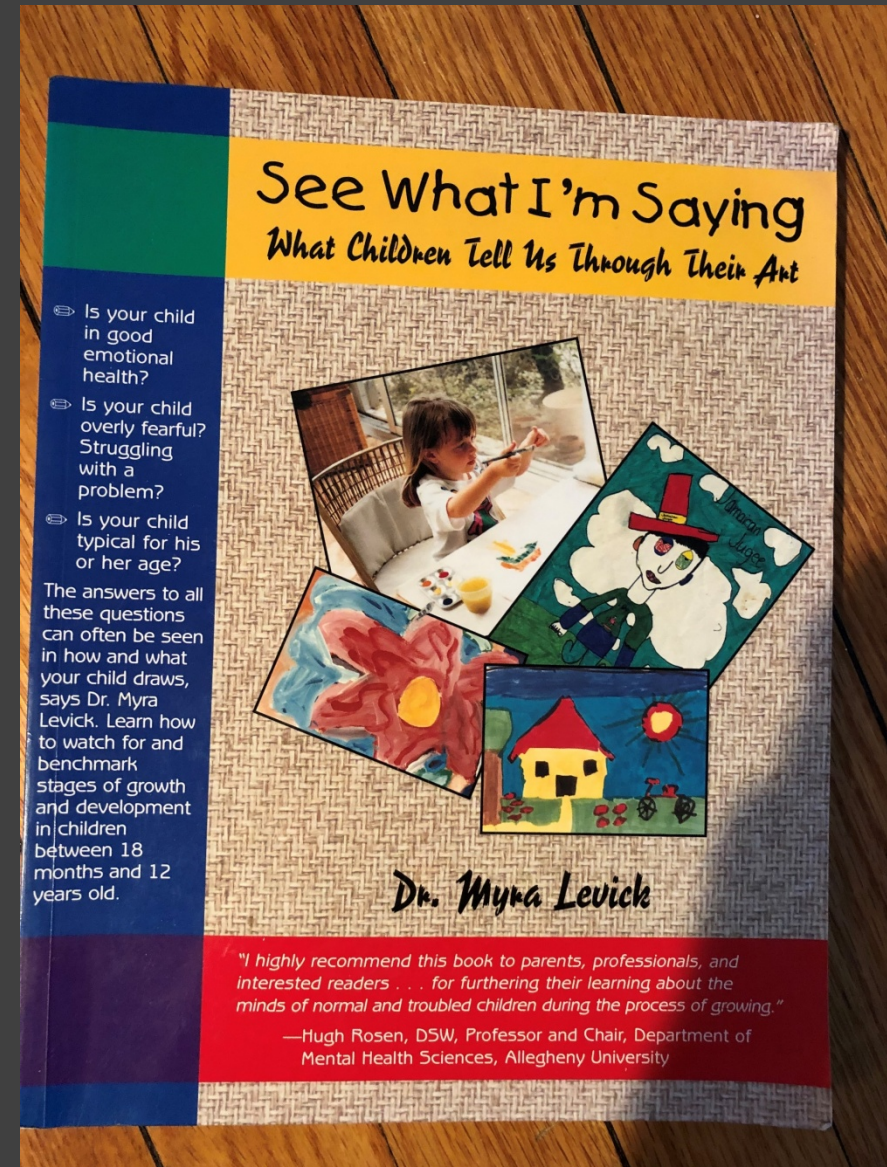
**Glass slippers, magical  
spells, and finding your  
way back home**

TWO STORIES  
TOLD FROM  
THE SAME  
SETTING





# FINAL THOUGHTS



**April 10 at 11:30 am**

# *Brain Food*

**Chris Aiken, MD**

[moodtreatmentcenter.com/webinars](http://moodtreatmentcenter.com/webinars)

